

Resources For Sacramento County

Agency/Vendor	Contact Information	Eligibility Requirements	Description of Services
HOUSING			
Loaves and Fishes	1321 North C Street Sacramento, CA 95814 (916) 446-0874		Provides shelter for homeless.
Eskaton Natomas Manor www.eskaton.org	2400 Northview Drive Sacramento, CA 95833 (916) 920-3282	Low-income people ages 62+ or disabled adults. Telephone or walk-in	Independent housing for low-income elderly; some units designed for mobility-impaired persons. Income certification required for HUD subsidy.
Shelter Plus Care (SPC)	For more information call (916) 874-4305 www.dhawebsaccountry.net/Homeless/shelterPlusCare.htm	To be eligible for the SPC program, a person must be both homeless & disabled. In the case of a homeless household, at least one adult member must be considered disabled, as described below: Persons with disabilities are those who have a disability that: <ul style="list-style-type: none"> • Is expected to be of long-continue duration; • substantially impedes his/her ability to live independently • Is of such a nature that the disability could be improved by more suitable housing conditions. • There are several disabilities specifically targeted by the SPC program. These targeted disabilities are: <ul style="list-style-type: none"> ▸ Serious mental illness ▸ Chronic alcohol &/or drug abuse ▸ AIDS or related disease 	Shelter Plus Care is designed to bridge the gap between disabled homeless persons and independent living
FOOD BANKS			
Loaves & Fishes - Dining Room	1321 North C Street Sacramento, CA 95814 (916) 446-0874	NOTE: All guests must have ticket & TB clearance card. Tickets obtained in Friendship Park.	No fees, free hot lunch. First come, first served; tickets available at service center in Friendship Park. Only women and children are allowed seating during the first hour (11:30 am - 12:30 pm) All guests must have ticket and TB clearance card
Cheese Line (USDA Commodities)	Carmichael Community Building 5750 Grant Avenue, Sacramento Grant Avenue and Fair Oaks Blvd. Serves ZIP codes 95608, 95609, 95841, and 95842	Eligibility Requirements: Low-income. Application Process: Telephone. Fees: None.	Distributes food to permanent and temporary distribution sites.

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	<p>Cordova Community Food Locker 10497 Coloma Road, Rancho Cordova Serves ZIP codes 95655, 95670, 95683, 95724, 95827, and 95830</p> <p>El Camino Baptist Church 2809 El Camino Avenue Serves ZIP codes 95821, 95825, and 95864</p> <p>Elk Grove Senior Center 8830 Sharkey Avenue, Elk Grove Serves ZIP codes 95624 and 95758</p> <p>Orangevale Baptist Church Central and Pecan Streets, Orangevale Serves ZIP codes 95628, 95630, 95662, and 95671</p> <p>Rio Linda Community United Methodist Church 6800 Sixth Street, Rio Linda Serves ZIP codes 95626, 95673, 95835, 95836, 95837, 95652, and 95660</p> <p>St. Paul's Catholic Church Florin Road & Gardner Avenue, Sacramento Serves ZIP codes 95826, 95828, and 95829</p> <p>24-hours, information (916) 648-1894</p>		
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HCC Food Bank	5501 Sky Parkway Sacramento, CA 95823 Office, answering machine (916) 427-2333	Eligibility Requirements: Open. Application Process: Walk-in.	Works in conjunction with Harvest Christian Center in food and clothing distribution. Funded 100% by donations from individuals and corporations
California Emergency FoodLink	5800 Foodlink St. Sacramento, CA 95828 1-800-283-9000 – Toll free (916) 387-9000 (916) 387-7046 fax		Call to find the food closet nearest you
Central Downtown Food Basket	Lutheran Church 1701 L Street (916) 444-0874		Groceries and USDA food available 4x per month at St. John's
TRANSPORTATION			
Paratransit www.paratransit.org	2501 Florin Rd Sacramento Applications- 916-557-4685 Reservations- 916-429-2744		Para transit Service: door-to-door transportation service for people in the greater Sacramento area who are unable to use regular Regional Transit services due to an impairment-related condition. RT supports and monitors this service as part of its responsibilities under the Americans with Disabilities Act (ADA). Riders must register for this service in advance and meet the ADA eligibility requirements.
South County Transit - Community Transportation Agency www.sctlink.com	117 Camellia Way Galt, CA 95632 Toll Free (800) 338-8676	Application Process: Telephone or walk-in.	Dial-a-ride and fixed route services for Galt and unincorporated area of South Sacramento County, and River/Delta communities.
Folsom Stage Line - Dial-a-Ride www.folsom.ca.us	50 Natoma Street Folsom, CA 95630 (916) 355-8347	Folsom city resident ages 55+ or disabled, pre-registered. Telephone for ride reservation one day in advance, before 2 pm.	Curb-to-curb transportation service providing seniors (ages 55+) and residents who have a physical, developmental, or mental disability a special means of transportation within Folsom city limits.
MEDICATIONS			
Primary Care Center	4600 Broadway, suite 1100/1200 Sacramento (916) 874-9670		Provides low cost/free prescriptions.
CLINICS			
Volunteers of America	1001 Grand Avenue Sacramento, Ca (916) 929-1951	Referral from AOD required. 916-874-9754. Must be parenting female & resident of Sacramento County	Drug & Alcohol. IV drug users go to the top of the list.

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Mercy Clinic at Loaves and Fishes	1321 North C Street Sacramento, CA 95814 (916) 446-3346		Provides free general medical care for homeless persons with urgent medical needs.
Primary Care Center	4600 Broadway, suite 1100/1200 Sacramento (916) 874-9670		Provide low cost medical care.
Del Paso Health Center	3950 Research Drive Sacramento (916) 648-0970		
South City Health Center	7171 Bowling Drive, Suite #300 (916) 875-0802		
FINANCIAL ASSISTANCE			
SUPPORT GROUPS AND ASSOCIATIONS			
Senior Center of Elk Grove	8830 Sharkey Avenue Elk Grove, CA 95624 (916) 685-3160	Ages 50+; ages 60+ for nutrition program Telephone or walk-in.	Educational, recreational and cultural activities, social services and nutrition program. Classes, trips, games, blood pressure checks, exercise classes, cards, writing class, computer classes, information and referral, tax assistance, video and book loans. Publishes newsletter. Dial-a-Ride service available within the Elk Grove Area only. None, donations accepted; \$15 voluntary annual membership.
Sac Co IHSS Public Authority	3700 Branch Center Road, Suite A Sacramento, CA 95827 Caregiver Registry (916) 874-4411		Maintains a registry service for In-Home Supportive Services (IHSS) consumers to be matched with available IHSS caregivers. When requested by a consumer, a list is generated of potential caregivers based on the individual needs of the consumer.
Stanford Settlement Neighborhood Ctr - Senior Center	520 West El Camino Avenue Sacramento, CA 95833-2299 (916) 927-1303 www.stanfordsettlement.org	Ages 50+. Application Process: Telephone or walk-in.	Drop-in center. Encourages healthy aging and provides basic social services and socialization activities. Support services, escort services, information and referral

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			and recreational activities. Transportation available to and from center.
Health and Human Services	7001 A East Parkway Sacramento Ca 95823 (916) 875-6091		Call 916-875-5656 to speak with a customer service representative.
Agencies offering multiple services			
American Cancer Society www.cancer.org	1765 Challenge Way, Suite 115 Sacramento, CA 95815 24-hours cancer information (800) 227-2345 Ext 3, Galt area (209) 745-6183 Ext 3, Sacramento field office (916) 446-7933		Transportation for ambulatory patients to and from treatment centers. Arrange three working days in advance. Hospital and medical equipment including adult diapers, head coverings and related items available upon physician's recommendation.
South County Services	539 North Lincoln Way Galt, CA 95632 Social services (209) 745-9174	Telephone or walk-in; referrals from Department of Human Assistance.	Food closet clients must be Sacramento County residents with low income or in emergency situation. ID required. Assists families and individuals in obtaining access to health services, employment training, and life skills classes. Information and referral, domestic violence counseling, emergency food, translation, immigration services, notary public, client advocacy, community outreach, medical transportation, rental/mortgage assistance, bus/gas vouchers, and utility assistance .
Salvation Army - Social Services Center	1200 North B Street Sacramento, CA 95814 24-hours, Admin, homeless shelter (916) 442-0331 Family services, food & utility assistance (916) 442-0303	Eligibility Requirements: Shelter ages 18+, food boxes to indigent with children or seniors 60+; utility assistance, see details. Application Process: Telephone or walk-in. Fees: None.	Shelter Services: Lodging and meals provided to homeless single men and women for 30 days, including a support system of multiple resources and specialized programs. Job development, computer training, employment counseling, mental health services, recreational activities and substance abuse counseling. Alcoholics Anonymous, alternative housing, spiritual counseling, chapel services, and bible studies are also offered.

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			Family Services: Food closet serves low-income families, single adults, and seniors age 60+. Food boxes are available up to a maximum of six times a year, with a 30 day wait between each food box issue. ID and rent receipt required to apply. REACH helps pay for PG&E bills. PLEDGE helps pay for SMUD bills. Applications are accepted from individuals in need who are not receiving General Assistance or living in subsidized housing. Assisting seniors and permanently disabled clients with their City of Sacramento bill (water bill). Also helping clients with rental assistance (three day pay or quit).
Fruitridge Community Center	4000 Fruitridge Road Sacramento, CA 95820 (916) 422-7610 www.southgaterecandpark.net	Eligibility Requirements: Open. Application Process: Telephone or walk-in to register. Fees: Fee for some services.	Recreational and cultural programs as well as special events and a variety of classes for all ages. A blood pressure check is available the first Friday of each month at 10 am for ages 50+. Senior lunches are served Monday through Friday at 11:30 am and senior card groups meet Monday through Friday
MISC. SERVICES			
Mercy Hospice	3400 Data Drive Rancho Cordova, CA 95670	Terminal diagnosis, six months or less life expectancy. Application Process: Physician referral. <i><u>Sliding scale, accepts Medi-Cal/Medicare.</u></i>	In-home support including home visits by a nurse; control of pain, nausea, vomiting, and other symptoms as effectively as medically possible under the direction of a physician; emotional support to help the patient and family with impending death; spiritual support; respite care.