

# Resources For Shasta County

Agency/Vendor	Contact Information	Eligibility Requirements	Description of Services
<b>HOUSING</b>			
<b>Shasta County Housing Authority</b>	1450 Court St #108 Redding, CA 96001  (530) 225-5160 <a href="http://www.co.shasta.ca.us/html/Housing/housing_index.htm">www.co.shasta.ca.us/html/Housing/housing_index.htm</a>		Community housing program services.
<b>Human Response Network: Trinity County Emergency Services</b>	113 Mountain View Weaverville, CA (530) 623-2024  24-Hour Crisis Line (530) 623-4357  Toll-free number (800) 358-5251 <a href="http://www.humanresponsenetwork.org/services.htm">www.humanresponsenetwork.org/services.htm</a> Mon - Fri 8am – 5pm		Emergency assistance services.
<b>Tehama County Coalition: Poor &amp; the Homeless (PATH)</b>	PATH Program 240 Kimball Road Red Bluff, CA 96080 (530) 527-8075  Sheriff - after hours for location (530) 529-7900  Message phone (530) 529-5599		Church sponsored homeless shelter.  <u>SHELTER AVAILABLE November 1 - April 30 ONLY</u>
<b>City of Redding Housing Division</b>	Housing Authority 777 Cypress Ave, Redding, CA 96001 (530)225-4048 (530)225-4126 fax Hours: 8am - 5pm Mon-Fri		Section 8 Rental Assistance, waiting list is currently open.  Can also call for a list of low-income housing options.
<b>Section 8 Housing List</b>	<a href="http://www.section8housinglist.info/category/california-ca/">http://www.section8housinglist.info/category/california-ca/</a>		

## Resources For Shasta County

FOOD BANKS			
<b>Shasta Senior Nutrition Programs: Food Bank</b>	100 Mercy Oaks Dr. Redding, CA 96003 (530) 226-3071 <a href="http://www.ssnpweb.org/id6.html">www.ssnpweb.org/id6.html</a> Mon - Fri 8:30pm - 3:30pm	Income eligibility requirements.	Food distributed limited to once per month, three (3) day supply of food.  Brown Bag program distributes twice per month.
<b>People of Progress: Emergency Assistance Program &amp; Food Bank</b>	1242 Center St., Redding, CA 96001 (530) 243-3811 <a href="http://www.peopleofprogress.org/index.html">www.peopleofprogress.org/index.html</a> Monday - Friday 10am – 1pm		Emergency food and other assistance.
<b>Loaves and Fishes: Redding</b>	836 Butte St., Redding, CA 96001 (530) 241-1108 <a href="http://www.reddingloavesandfishes.com/">www.reddingloavesandfishes.com/</a> Tues 10am – 2pm / Sat 10am to 2pm (closed first Saturday of the month)	Social security card Photo I.D. Proof of residency	Three (3) days supply of food provided.
<b>Good News Rescue Mission</b>	3100 South Market Street Redding, CA 96001 24-hour number, 7 days a week (530) 241-5754		Faith based emergency food and men's shelter.
<b>Living Hope Compassion Ministries</b>	1043 State St., Redding, CA 96001 (530) 243-8066		Food pantry and clothing.
TRANSPORTATION			
<b>Shasta Senior Nutrition Programs: Senior Transportation</b>	100 Mercy Oaks Dr. Redding, CA 96003  Monday - Friday 7:30pm - 3:30pm  24-Hour Reservation Line (530) 226-3075 <a href="http://www.ssnpweb.org/id5.html">www.ssnpweb.org/id5.html</a>	Seniors 60 +.	Door to door transport for seniors – 24 hr reservations required.  <i>Travels in Shasta County only.</i>
<b>Quality Medi-Ride</b>	2675 Bechelli #6, Redding, CA 96001 (530) 222-2392		Non-emergency transportation for medical appointments for ambulatory, wheel chair and gurney bound individuals.
<b>R &amp; M Medi-Trans</b>	9885 Winegar Rd, Redding, CA 96001 (530) 221-4321 <a href="http://www.meditransvan.com/">www.meditransvan.com/</a>		Non-emergency transportation for medical appointments for ambulatory, wheel chair and gurney bound individuals.
<b>RABA- Redding Area Bus Authority</b>	777 Cypress Ave, Redding, CA 96001 (530) 241-2877 <a href="http://www.rabaride.com">http://www.rabaride.com</a>		Public transportation. They also list other transportation providers – mainly for seniors

## Resources For Shasta County

<b>Salvation Army</b>	(530) 244-2222	Contact M-F, 9am -11:30am	Has RABA passes (see previous entry)
<b>Precious Cargo</b>	Northern Express 11111 Rhyolite Drive Redding, CA 96003-2911 (530) 243-3333 Contact person: Lori	Will bill Medi-Cal.	Can provide long distance appointment transportation service. Offices in several locations. Call for additional information.
<b>Merit Medi Trans</b>	1655 East Cypress Ave. Redding, CA 96002 (530) 221.4321 (877) 462-9826 Hours: M-F 7am-5pm Sat 7am-3pm <a href="http://www.northstatededitrans.com">www.northstatededitrans.com</a>	They bill Medi-cal, as long as there is a true medical need for their service.	This is <i>non</i> -emergency medical transport Service available 24/7 by Appointment
<b>MEDICATIONS</b>			
<b>A Partnership for Prescription Assistance</b>	(888) 477-2669 <a href="http://www.pparx.org">www.pparx.org</a>		American Pharmaceutical Companies are working together to provide prescription assistance for those with no prescription coverage or cannot afford medication.
<b>Californians for Patient Care Shasta</b>	<a href="http://www.calpatientcare.org/taxonomy/term/139?page=2">www.calpatientcare.org/taxonomy/term/139?page=2</a>		
<b>Free prescription drug discount cards - Shasta</b>	<a href="http://www.redding.com/news/2007/jun/02/list-churches-offices-and-clinics-around2/">www.redding.com/news/2007/jun/02/list-churches-offices-and-clinics-around2/</a>		
<b>DURABLE MEDICAL EQUIPMENT</b>			
<b>Cottonwood Health Equipment</b>	(530) 347-3721 (530) 347-9734 fax (MD can fax to this number)	Physician must fax order.	
<b>Medcare Home Medical</b>	(530) 246-4363 (530) 246-4010 fax ((MD can fax to this number)	Physician must fax order.	This company will deliver
<b>New West Medical, Inc.</b>	(530) 221-5864 (530) 2212-1474 (MD can fax to this number)	Physician must fax order.	This company will deliver
<b>The Rose Center Physical Therapy for Rehabilitation</b>	3278 Bechelli Lane Redding, CA 96002-2005 (530) 223-9474	Will bill Medi-Cal	
<b>Northern Rehab DME</b>	3048 S Market St Redding, CA 96001 (530) 221-8040	Will bill Medi-Cal	They don't do PT or rehab, they have DME including power chairs & grab bars
<b>CLINICS/HEALTH CENTERS</b>			

## Resources For Shasta County

<b>Anderson Family Health Center</b>	2801 Silver St., Anderson, CA 96007 (530) 346-3147 <a href="http://www.shastahealth.org">www.shastahealth.org</a>		
<b>Burney Health Center</b>	20641 Commerce Way, Burney, CA 96013-4380 (530) 335-5457 <a href="http://www.mtnvalleyhc.org">www.mtnvalleyhc.org</a>		
<b>Cascade Health Center</b>	37394 Cascade Ave., Burney, CA 96013-9628 (530) 294-5241 <a href="http://www.mtnvalleyhc.org">www.mtnvalleyhc.org</a>		
<b>Fall River Valley Health Center</b>	43563 State Highway 299 E., Fall River Mills, CA 96028-9787 (530) 294-5241 <a href="http://www.mtnvalleyhc.org">www.mtnvalleyhc.org</a>		
<b>Hill Country Community Clinic</b>	29632 Highway 299 E., Round Mountain, CA (530) 337-6243 <a href="http://www.hillcountryclinic.org">www.hillcountryclinic.org</a>		
<b>Shasta Community Dental Clinic</b>	1400 Market St. # 8103, Redding, CA 96001-1025 (530) 246-5894 <a href="http://www.shastahealth.org">www.shastahealth.org</a>		Sliding fee scale for discount
<b>Shasta Community Health Center</b>	1035 Placer St., Redding, CA 96001 (530) 246-5710 <a href="http://www.shastahealth.org">www.shastahealth.org</a>		
<b>Shasta Lake City Family Health Center</b>	4215 Front St., Shasta Lake, CA 96019 (530) 276-9168 <a href="http://www.shastahealth.org">www.shastahealth.org</a>		
<b>Redding Rancheria Indian Health Center</b>	3184 Churn Creek Road Redding, Ca 96002 (530) 224-2700		
<b>Shingletown Medical Center</b>	31292 Alpine Meadows Rd., Shingletown, CA 96088-9462 (530) 474-3390 x332 <a href="http://www.shingletownmedcenter.org">www.shingletownmedcenter.org</a>		
<b>Urgent Care Clinics</b>	1035 Placer St, Redding, CA 96001 530-246-5710 <a href="http://www.shastahealth.org">www.shastahealth.org</a>		

## Resources For Shasta County

<b>Cardiovascular Center</b>	2102 Civic Center Drive, Redding, CA 96001 (530) 241-1144 <a href="http://www.cvcredding.com">www.cvcredding.com</a>		
<b>Gastroenterology B.N. Namihias, MD</b>	2005 Court St Suite B Redding, CA 96001 (530) 244-3622	Referral needed from PCP	Does medical procedures only (colonoscopy)
<b>Gastroenterology Erica Rust MD</b>	Mercy Family Health Center 2480 Sonoma St., Redding, CA 96001 (530) 225-7800		
<b>VA Clinic – Redding</b>	351 Hartnell Ave, Redding, CA 96002 (530) 226-7555		
<b>Lassen Medical Group</b>	20833 Long Branch Drive Cottonwood CA 96022 ( 530) 347-3418		
<b>Podiatry Michele Martin, DPM</b>	Shasta Comm. Health Center 980 Placer St., Redding, CA (530) 246-5768		Federally funded program. Member pays on a sliding scale. Works one day per week at the clinic, has a private practice.
<b>Pain Management Leonard Soloniuk, MD</b>	2656 Edith Ave., #B Redding, CA 96001 (530) 247-3733	Referral required. Case by case.	
<b>Urology Ziad Niazi, MD</b>	1760 Gold St., Redding, CA 96001 (530) 244.9332 <i>Fax referrals to: (530) 244.0859</i>	Referral required. Case by case basis only	
<b>Robert E. Maurer, MD, FACS</b>	2121 Airport Dr., Redding, CA 96001 (530) 244-6001	Takes Medi-Cal on a case-by-case basis only. Requires a referral from PCP for review to determine if they will see member.	Board Certified Urologist
<b>Shasta Lake Physical Therapy</b>	5061 Shasta Dam Blvd, Redding, Ca (530)275-0777 <i>Fax referrals to: (530) 275-8779</i>	Referral required	No waiting list at this time.

## Resources For Shasta County

<b>Shasta Co. Gastroenterology</b>	<p>Dr. Malcolm Hill 1826 Sonoma St, Redding, Ca (530) 244-6500 <i>Fax referral to: (530) 244-7826</i></p> <p>Bret N. Namihias, MD 2005 Court St. Suite B, Redding, Ca (530) 244-3622 <i>Fax referrals to: (530) 244-1029</i></p> <p>Dr. Reddy and Dr. Dhanuka 2510 Airpark Dr. Suite B, Redding, Ca (530) 243-8667 <i>Fax referrals to: (530) 243-8742</i></p>	<p>Referral required</p> <p>Referral required</p> <p>Referral required</p>	<p>Procedures only.</p> <p>No liver issues or problems.</p>
<b>Dr. Anthony Corkill Neurology Evaluations</b>	<p>2138 Court St, Redding, Ca 96001 (530) 243-0570</p>	<p>Referral required. Fax to (530) 243-3356</p>	<p>No treatment available at this office. Dr. will evaluate members and refer them back to PCP with recommendations for treatments and medications.</p>
<b>Daniel R. Brannon, MD Ophthalmology</b>	<p>3003 Victor Ave., Redding, CA 96002 (530) 221-5500</p>		<p>Bills Medi-Cal</p>
<b>Spectrum Orthotics &amp; Prosthetics</b>	<p><a href="http://www.spectrumoandp.com/">http://www.spectrumoandp.com/</a></p>	<p>Accepts Medi-Cal members with a referral</p>	<p>Locations inn Redding, Chico, Red Bluff and Oroville</p>

## Resources For Shasta County

<p><b>Shasta Co. Orthopedists</b></p>	<p><b>Shasta Orthopedic/Sports Medicine</b> 1238 West St., Redding, CA 96001 (530) 246-2467 <i>Fax referral to: (530) 242.9460</i></p> <p><b>Redding Orthopedic Center</b> 2160 Court St., Redding, CA 96001 (530) 244-2663 <i>Fax referral to: (530)244-4309</i></p> <p><b>Mikulecky, Edkin, Paul &amp; Lam, MDs</b> 2662 Edith Ave., Redding, CA 96001 (530) 242.1266 (530) 243-4205 <i>fax referrals to this #</i></p> <p><b>Robert R. Chase, MD</b> 2480 Sister Mary Columba Drive Red Bluff. CA 96080 (530) 527-0148 (530) 527-0193 (fax) or 2888 Eureka Way, #200 Redding, CA 96001- 0210 (530) 243-0893</p> <p><b>Mercy Community Clinic</b> 912 Pine St., Mt. Shasta, CA 96067 (530) 926.1731 (530) 926.7134 <i>fax referrals to this #</i></p>	<p>Case by case basis</p> <p>Referrals only. Shasta County Medi-Cal only.</p> <p>Referral required.</p> <p>Each case is reviewed regardless of insurance</p> <p>Referral required</p>	
<p><b>ENT</b></p>	<p>Gary Buxa, MD 3305 Placer St., Suite A Redding, CA 96001 530-243-3687</p>	<p>Case by case basis with primary care referral</p>	<p>Multiple physicians in the same locations</p>
<p><b>Dr. Richard Martin Optometrist</b></p>	<p>4626 Shasta Dam Blvd. Shasta Lake, Ca 96019-9414 (530) 275-0866</p>	<p>Accepts Medi-Cal patients</p>	
<p><b>Northern California Surgical Group – Dr. Ghelfi and Dr. Nichols – General Surgery</b></p>	<p>2510 Airpark Drive, Ste. 301 Redding, CA 96001 (530) 244-2882 (530) 244-3703 - fax</p>	<p>Cases are accepted upon review. Primary Dr. can fax the referral.</p>	
<p><b>Court Street Surgery Center - General Surgery</b></p>	<p>2184 Court Street Redding , CA 96001 (530) 246-4444 or (530) 243-7109</p>	<p>Various Drs. come to perform various surgeries.</p>	

## Resources For Shasta County

<b>Dr. Riaz Malik</b> <b>- General Surgery</b>	2888 Eureka Way, Ste. 101 Redding, CA 96001 (530) 246-7400 (530) 246-7406	Cases are accepted upon review. Primary Dr. can fax the referral.	
<b>Audiology Associates of Redding</b>	3330 Churn Creek Rd # D 5 Redding, CA 530-221-7381	Accepts Medi-cal patients also supplies Hearing Aids	
<b>Vision Lions Club Vision Programs for Shasta Co.</b>	<b>Anderson Lions Club</b> Contact: Skip O'Brien (530) 365-6875 <b>The Enterprise Lions Club (Redding)</b> Contact: Bob Prah (530) 221-2789 <b>Redding Host Lions Club</b> Contact: Brian Telford (530) 221-2164 <b>Redding Breakfast Lions Club</b> Contact: Kurt Tollefson (530) 243-8797		<b>NOTE:</b> Funding is sometimes limited for the Lions Clubs. These groups ask for a donation of \$25, if possible. The three Redding Clubs divide people referred by their zip code.
<b>FINANCIAL ASSISTANCE</b>			
<b>PG&amp;E (Pacific Gas &amp; Electric): Utility Bill Payment Assistance and Weatherization</b>	Toll-free number (800) 743-5000 <b>Spanish</b> (800) 660-6789 <b>Chinese</b> (800) 893-9555 <a href="http://www.pge.com/">www.pge.com/</a>	PG&E customers	Payment plans arranged.

## Resources For Shasta County

<p><b>Shasta County Department of Social Services: General Assistance</b></p>	<p>Social Services Breslauer Office 2460 Breslauer Way Redding, CA 96001</p> <p>Social Services Burney Office 36911 Hwy 299E Burney, CA</p> <p>Social Services Breslauer Office (530) 225-5767</p> <p>Social Services Breslauer Office (530) 245-7660</p> <p>Social Services Burney Office (530) 335-5576</p> <p>Social Services Burney Office (530) 335-4522</p>	<p>Adults with disabilities or unable to work.</p>	<p>Cash assistance for up to 3 months or longer depending on disability.</p>
<p><b>Redding Electrical</b>  <b>Redding Electric Utility</b></p>	<p>PO Box 496071 777 Cypress Ave Redding, CA 96001 Customer Service (530) 339-7200</p>	<p><b>LIFELINE</b> The City of Redding Lifeline Program discount is available to qualified low-income seniors (age 62 and over) and low-income disabled customers. This program provides a 25% discount on both the monthly utility service charge and the first 800-kilowatt hours of usage each month, up to a maximum of \$23.06. Customer Service (530) 339-7200, or toll free (866) 267-8845. <b>Redding Rancheria</b> - This agency provides assistance for Native American customers. Call (530) 225-8979 for further information.</p>	<p><b>CARES PROGRAM</b> The CARES program provides emergency assistance for electric service bills for City of Redding customers. The intent of the CARES program is to help customers bring their accounts to current status. The customer must pay the non-electric portion of their utility bill to qualify. There are income guidelines to be met and customers must have suffered a temporary financial hardship to qualify. Customers are eligible for CARES assistance once every 12 months, and the maximum CARES amount is \$250.00. Please call Customer Service at 530-339-7200 or toll free (866) 267-8845 to determine if you are eligible for this program. <b>HOUSING REHABILITATION PROGRAM</b> This program provides low interest and deferred loans to qualified customers for home repairs and energy efficiency upgrades. This program is administered by the Housing Department, which may be contacted at (530) 225-4409.</p>
<p><b>SUPPORT GROUPS/ASSOCIATIONS</b></p>			

## Resources For Shasta County

<p><b>Shasta County Department of Mental Health: Alcohol and Drug Programs:</b>  <b>Outpatient Drug Free (Youth &amp; Adult) Alcohol &amp; Drug Programs</b></p>	<p><b>Thomas Andrews, MD</b>          Psychiatric Care Center          2891 Churn Creek Road Suite A          Redding, CA          (530) 221-7474  <b>Right Road</b>          336 Balls Ferry Road,          Anderson, CA          (530) 365-8523          or          Right Road,          20597 Commerce Way,          Burney, CA          (530) 335-3800  <b>Empire Recovery Outpatient Services</b>          5010 Shasta Dam Blvd.          Shasta Lake City, CA          (530) 275-1076</p>		<p>Outpatient Substance Abuse Treatment</p>
<p><b>Trinity County Behavioral Health Services: Hayfork Mental Health Clinic</b></p>	<p>P.O. Box 91          Hayfork, CA 96041          Counseling Center          (530) 628-4111  <b>24-Hour Crisis Line</b>          (530) 623-5708  <b>Toll Free 24-Hour Crisis Line</b>          (888) 624-5820</p>		<p>Outpatient Mental Health and Substance Abuse Treatment</p>
<p><b>Shasta County Mental Health</b></p>	<p>20597 Commerce Way, Burney, Ca          (530) 335-3800</p>		<p>Mental Health Services</p>
<p><b>Alano Club</b></p>	<p>1050 State Street          Redding, CA 96001          24-hour AA number          (530) 225-8955           Business number          (530) 241-9871           Pay Phone Number          (530) 244-7022  <a href="http://www.aanorcal.org/">www.aanorcal.org/</a></p>		<p>12 Step alcohol dependency recovery program.</p>
<p><b>Hospice Services</b></p>	<p><a href="http://www.assistedseniorliving.net/hospice-care/california/yubacity/">http://www.assistedseniorliving.net/hospice-care/california/yubacity/</a></p>		<p>Site provides links to Assisted Living, Nursing Homes, In-Home Care &amp; Hospice throughout several counties</p>

## Resources For Shasta County

<b>Narcotics Anonymous: Shasta Area</b>	1237 California St. Redding, CA 24-Hour hotline (530) 221-5060		12 Step chemical dependency recovery program.
<b>OTHER SUPPORT</b>			
<b>Shasta County Dept. of Social Services: Adult Protective Services (APS)</b>	2600 Park Marina Drive Redding, CA 96001 (530) 225-5798  Hotline: (530) 223-6034 <a href="#">Shasta County APS website</a>		Adult protective services – investigations, information and referral.
<b>Human Response Network: Trinity County Intervention Program</b>	113 Mountain View Road Weaverville, CA 96093 24-Hours (collect OK) (530) 623-4357 (800) 358-5251 – toll free (530) 623-2024 – Administration  Mon - Fri 8:00am - 5:00pm 24-Hour telephone intervention  <a href="http://www.humanresponsenetwork.org/intervention.htm">www.humanresponsenetwork.org/intervention.htm</a>		Advocacy services for victims of DV and sexual assault.
<b>Legal Services of Northern California</b>	1370 West St., Redding, CA 96001 (530) 241-3565 <a href="http://www.lsncc.org/">www.lsncc.org/</a>		Legal advocacy services.
<b>Golden Umbrella: Advocacy &amp; Outreach Program</b>	200 Mercy Oaks Drive Redding, CA 96003 (530) 223-6034  Mon – Fri 8:00am – 5:00pm  Foster Grandparents/Senior Companions (530) 226-3098  Toll-free number (800) 400-6446  <a href="http://www.goldenumbrella.org/SS.htm">www.goldenumbrella.org/SS.htm</a>		Advocacy services. Information and referral. Senior citizens and disabled adults 18 years & older

## Resources For Shasta County

	<b>Nor Cal Center on Deafness</b>	848 Mistletoe Lane Redding, CA 96002 530-221-1689	
<b>The Senior Advocacy Center of Northern California: Senior Legal Services</b>	1647 Hartnell Ave., Suite 6 Redding, CA (530) 223-6979  Mon - Thurs 9:00am - 4:00pm (Closed Noon - 1:00pm) Friday 9:00 AM - Noon  Hotline for senior issues, grandparents (800) 222-1753 <a href="http://www.senioradvocacycenter.org/legal.htm">www.senioradvocacycenter.org/legal.htm</a>	Senior citizens aged 60 and over. No income limitations for senior citizens.	Free legal services for seniors – documents, durable power of attorney for health care, etc.
<b>Helpline</b>	P. O. Box 992498 Redding, CA (530) 225-5252		Suicide prevention, information and referral.
<b>MISC. SERVICES</b>			
<b>Hokema's Appliance Parts</b> <b>Dust-free vacuum cleaners</b>	2736 Bechelli Lane Redding, CA (530) 223-1970		These vacuums can be quite expensive. I contacted several places & found one ( <b>Hokema's</b> ) that suggested purchasing a simple Hoover vacuum cleaner retailing for approximately \$79.95 (maybe less at discount stores like Wal-Mart, Sears or even Goodwill/Salvation Army). <b>Hokema's</b> sells a set of three high filtration cloth bags for approximately \$7.00.
<b>City of Redding Recreation</b>	1250 Parkview Avenue (530) 225-4095 <a href="http://www.reddingrecreation.org">www.reddingrecreation.org</a>		Various types of exercise classes, dance, aquatics and yoga, the cost is reasonable. A schedule of classes can be picked up at the address listed. The website also has a listing of classes. Registration can be paid by mail of over the phone.